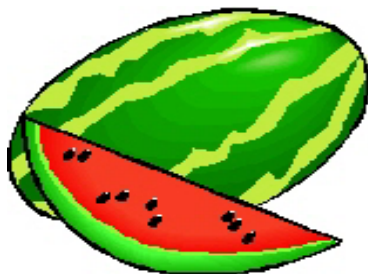




MULTI-SERVICE SENIOR CENTER  
40086 PASEO PADRE PARKWAY  
FREMONT, CA 94538



TICKETS: DINNER: 5:00PM  
\$4.00 SENIORS  
\$5.00 "youngsters"

OFFICE # 790-6600

TICKET INFORMATION # 790-6610

\*Vegetarian Option Available

## DINNER AUGUST 2002

MEALS ARE COOKED ON SITE

TICKETS SOLD:  
FIRST-COME, FIRST-SERVED  
NO REFUNDS, NO EXCHANGES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<u>September</u> 3 Oven Roasted Sirloin Mashed Potatoes Gravy, Salad Vegetable, Roll, Dessert		<u>August</u> 4 Medallions Of Beef With Sauce Bordelaise Vegetable, Salad Roll, Dessert	
	6 Braised Lamb Shanks With Vegetable Salad, Roll Dessert		8 BBQ Tri-tip With BBQ Sauce, Potato Salad Vegetable Roll, Dessert	
	13 Boneless Chicken Breast In Red Pepper Pesto Sauce Over Noodles Salad, Vegetable Roll, Dessert		15 Chicken & Salmon Sauté With Green Pepper Sauce, Rice Pilaf, Salad, Vegetable Roll, Dessert	
	20 Sole Stuffed With Salmon, New Potatoes Vegetable, Salad Roll, Dessert		22 Shrimp Etouffee (shrimp in cajun stew) Steamed Rice, Salad Vegetable, Roll Dessert	
	27 Garlic Roasted Chicken, Potato Bolungere, Vegetable Salad, Roll, Dessert		29 Charcoal Grilled New York Steaks With Garlic Butter, Baked Potato Salad, Vegetable Dessert	

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS. Please Note: If you take food home with you from the meal site, it is done at your own risk. Be sure to eat food or refrigerate it within 30 minutes of leaving the site. Reheat in a 350 degree oven until bubbly for 5 minutes. Discard any food left after 3 days.